

Injury Prevention Check List

Fire Injury Prevention Tips

Every child should be Injury Free!

The Center for Disease Control reports show that the leading causes of house fires are cooking, heating equipment and electrical problems. More than 60% of the reported home fires occur in homes without smoke alarms or with nonworking smoke alarms. 50% of fatal injuries in house fires are to preschool children and adults over 65.



| Check furnace and fireplace flues with each seasonal change. Clean chimneys at least once a year. |
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| Put fire extinguishers in all areas with open flames. |
| Install working smoke detectors on each floor, outside all bedrooms and in the basement. Test smoke detectors frequently. Change the batteries every six months with the change in day light savings time |
| Place fire extinguishers in kitchen, basement, garage and near the fireplace. Learn to operate them. |
| Know the dangers of space heaters. They need to be unobstructed and should not be in a bedroom or nursery. |
| Keep matches and lighters out of reach of children. |
| Teach children what to do in case of a fire: Stop, drop and roll if clothes are on fire. Have an escape plan, with two different routes, and rehearse with your children. |

For more information go to www.lnjuryFree.org